Coverage Period: 1/1/2023-12/31/2023
Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, 1-800-303-9626 (TTY: 711). For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.metroplus.org or call 1-800-303-9626 (TTY: 711) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,750/individual or \$3,500 /family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	No.	You will have to meet the deductible before the plan pays for any services.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$9,100/individual or \$18,200 /family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.metroplus.org/ member-services/provider- directories or call 1-800-303- 9626 (TTY: 711) for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services."
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist

MBR 20.206

		What You Will Pay		Limitations Everytions 9 Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30/visit after deductible	Not covered	
	Specialist visit	\$65/visit after deductible	Not covered	
	Preventive care/screening/ Immunization	Covered in full	Not covered	You may have to pay for services that aren't preventative. Ask your provider if the services needed are preventative. Then check what your plan will pay for.
If you have a toot	Diagnostic test (x-ray, blood work)	\$50/visit after deductible	Not covered	
If you have a test	Imaging (CT/PET scans, MRIs)	\$75/visit after deductible	Not covered	
If you need drugs to	Generic drugs	\$15/30 day supply	Not covered	
treat your illness or condition  More information about prescription drug	Brand drugs	\$40/30 day supply	Not covered	
coverage is available at www.metroplus.org/mem ber/pharmacy	Specialty drugs	\$75/30 day supply	Not covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$150/visit after deductible	Not covered	
surgery	Physician/surgeon fees	\$150/visit after deductible	Not covered	
	Emergency room care	\$500/visit after deductible	\$300/visit after deductible	
If you need immediate medical attention	Emergency medical transportation	\$150/visit after deductible	\$150/visit after deductible	
	<u>Urgent care</u>	\$70/visit after deductible	Not covered	
If you have a hospital	Facility fee (e.g., hospital	\$1,500 /admission after	Not covered	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.metroplus.org.

	Services You May Need	What You Will Pay		Limitations Evacutions 9 Other	
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
stay	room)	deductible			
	Physician/surgeon fees	\$150/visit after deductible	Not covered		
If you need mental health, behavioral	Outpatient services	\$30/visit after deductible	Not covered	Up to 20 visits per Plan Year may be used for family counseling	
health, or substance abuse services	Inpatient services	\$1,500/admission after deductible	Not covered		
	Office visits	Covered in full.	Not covered		
If you are pregnant	Childbirth/delivery professional services	\$150/visit after deductible	Not covered		
	Childbirth/delivery facility services	\$1,500/admission after deductible	Not covered		
	Home health care	\$30/visit after deductible	Not covered	40 visits per plan year.	
If you need help recovering or have other special health needs	Rehabilitation services	Outpatient: \$30/visit after deductible Inpatient: \$1,500/admission after deductible	Not covered	Outpatient: 60 visits per condition, per Plan Year combined therapies Inpatient: 60 days per Plan Year combined therapies	
	Habilitation services	Outpatient: \$30/visit after deductible Inpatient: \$1,500/admission after deductible	Not covered	Outpatient: 60 visits per condition, per Plan Year combined therapies Inpatient: 60 days per Plan Year combined therapies	
	Skilled nursing care	\$1,500/admission after deductible	Not covered	200 days per Plan Year Copay waived for each admission if directly transferred from hospital inpatient setting to skilled nursing facility	
	Durable medical equipment	30% coinsurance after deductible	Not covered		
	Hospice services	Outpatient: \$30/visit after deductible	Not covered	Outpatient: 5 visits for family bereavement Inpatient: 210 days per plan year.	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.metroplus.org.

		What You Will Pay		Limitations Everytions 9 Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
		Inpatient: \$1,500/admission after deductible		
	Children's eye exam	\$30/visit after deductible	Not covered	
If your child needs dental or eye care	Children's glasses	30% coinsurance after deductible	Not covered	
	Children's dental check-up	\$30/visit after deductible	Not covered	

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care

Hearing aids

Infertility treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://example.com/Health Insurance">Health Insurance</a> Marketplace. For more information about the <a href="https://example.com/Marketplace">Marketplace</a>. visit <a href="https://example.com/www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: MetroPlus Health Plan at 1-800-303-9626 (TTY:711), or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.metroplus.org.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-303-9626 (TTY:711)

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-303-9626 (TTY:711).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-303-9626 (TTY:711).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-303-9626 (TTY:711).

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.metroplus.org.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,750
■ Specialist copay	\$50
■ Hospital (facility) copayment	\$1,500
Other coinsurance	30%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

<b>Total Example Cost</b>	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,300	
Copayments	\$3,350	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$4,710	

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,750
■ Specialist copay	\$50
■ Hospital (facility) copayment	\$1,500
Other coinsurance	30%

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,300	
Copayments	\$1,905	
Coinsurance	\$518	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$3,778	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,750
■ Specialist copay	\$50
Hospital (facility) copayment	\$1,500
Other coinsurance	30%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

**Durable medical equipment (crutches)** 

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,067	
Copayments	\$1,070	
Coinsurance	\$11	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,148	