



# MANAGING YOUR HEALTH AND WELLNESS WITH METROPLUSHEALTH

OUR STAFF WORKS WITH YOU TO ENSURE YOU HAVE EVERYTHING YOU NEED TO BE HEALTHY & IN CONTROL. HERE'S WHAT WE OFFER YOU:

**DEDICATED HEALTH PROFESSIONAL:** An experienced health professional will work with you on managing your health. The personalized approach will focus on your needs, priorities, your specific health problems and solutions. Whether it is dealing with a chronic illness, sudden sickness or routine screening, your dedicated health professional will guide you through it all.

**CARE COORDINATION:** Our team of professionals will engage all the relevant providers so that you receive the best care possible.

**SUPPORTING YOU WHERE YOU ARE:** If you are discharged from a hospital, we will help to make sure your transition is as smooth as possible. We will help you understand your discharge instructions, schedule (and get to) your follow-up appointments and understand any changes in your medications.

**HOME VISITS:** If you are eligible, our health professionals will do a home visit to help manage health conditions in the convenience of your home.

**BEHAVIORAL HEALTH:** Expert staff is available to work with members with mental health and drug or alcohol issues to get the treatment and care they need.

**COMPREHENSIVE SERVICES:** If you need additional services such as Home Care, special transportation or medical equipment, your dedicated health care professional will work with you and your doctor to set it up and make sure the services meet your needs.

**COMMUNITY SERVICES:** Should you need additional support, we will assist you with information and referrals to community services such as EPIC (New York State program to help seniors pay for their medications), Meals on Wheels and other social services.

All our support programs are voluntary. You can opt out of them at any time.

**APPLY OVER THE PHONE AT 1.866.986.0356 (TTY: 711).  
GO TO METROPLUSMEDICARE.ORG FOR MORE  
INFORMATION OR TO FIND A REPRESENTATIVE NEAR YOU!**

**HOURS OF OPERATION:  
24 HOURS A DAY, 7 DAYS A WEEK**



 @METROPLUSHEALTH

**LET'S GET HEALTHY TOGETHER!**

MetroPlus Health Plan is a HMO, HMO SNP plan with a Medicare contract. MetroPlus Health Plan has a contract with New York State Medicaid for MetroPlus UltraCare (HMO-DSNP) and a Coordination of Benefits Agreement with the New York State Department of Health for the MetroPlus Advantage Plan (HMO-DSNP). Enrollment in MetroPlus Health Plan depends on contract renewal. MetroPlus Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.866.986.0356 (TTY:711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1.866.986.0356 (TTY:711)。H0423\_MKT22\_2139\_M Accepted 10172021