Title: Hematologic, Erythropoiesis –	Division: Medical Management
Stimulating Agents (ESA) Part B Step Therapy	Department: Pharmacy, Utilization Management
Approval Date: 11/23/2020	LOB: Medicare
Effective Date: 12/01/2020	Policy Number: UM-MP261
Review Date: 11/29/2022	Cross Reference Number:
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#### **1. POLICY DESCRIPTION:**

Step therapy requirement for Part B Hematologic, Erythropoiesis –Stimulating Agents (ESA). Epogen, Mircera and Procrit require trial with Aranesp and Retacrit.

Hematologic, Erythropoiesis –Stimulating Agents (ESA) Product(s)	
Preferred	Aranesp (Darbepoetin alfa)
	Procrit (Epoetin alfa)
Targeted	Epogen (Epotein alfa)
_	Mircera (Methoxy polyethylene glycol-epoetin
	beta)
	Retacrit (Epoetin alfa-epbx)

## 2. RESPONSIBLE PARTIES:

Medical Management Administration, Utilization Management, Integrated Care Management, Pharmacy, Claim Department, Providers Contracting.

### 3. DEFINITIONS:

Targeted: Medications that are considered non-preferred and will therefore be subject to step therapy

### 4. POLICY:

Non-preferred drugs will be considered medically necessary for beneficiaries/members when all of the following criteria are met:

- 1. For Mircera, member has a documented inadequate response or intolerable adverse event with **both** preferred products, Aranesp and Retacrit
- 2. For Epogen or Procrit, member meets both of the following criteria:
  - a. Member has a documented inadequate response or intolerable adverse event with the preferred product, Aranesp, when prescribed for the treatment of anemia due to chronic kidney disease or the treatment of anemia due to myelosuppressive chemotherapy in cancer.
  - b. Member has a documented intolerable adverse event with the preferred product, Retacrit, which was NOT an expected adverse event attributed to the active ingredient as described in the prescribing information.
- Indication, dose, frequency and duration is in accordance with FDA label, recognized compendia (for off-label uses), documented within the Local Coverage Determination (LCD) and/or National Coverage Determination (NCD) for non-preferred drug as applicable under Medicare regulations
- 4. Documentation requirements are provided as listed within Local Coverage Determination (LCD) and/or National Coverage Determination (NCD.

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## 5. LIMITATIONS/ EXCLUSIONS:

This policy is only applicable to members new to therapy. Members already on therapy with non-preferred drug(s) will not be subjected to this step therapy requirement. MetroPlus will utilize a 365-day lookback period and/or documentation of medical history stating member is already on therapy with non-preferred drug(s). Additional limitations and exclusions consistent with those listed within Local Coverage Determination (LCD) and/or National Coverage Determination (NCD).

## 6. APPLICABLE PROCEDURE CODES:

CODE	Description
J0881/ J0882	Aranesp
Q5105/	Retacrit
Q5106	
J0885/	Epogen
Q4081	
J0887/ J0888	Mircera
J0885/	Procrit
Q4081	

### 7. REFERENCES:

- Centers for Medicare and Medicaid Services, Health Plan Management System (HPMS), MA\_Step\_ Therapy\_HPMS\_Memo\_8\_7\_18; available at http://www.cms.gov – accessed August 28, 2020 and found under Medicare > Health Plans > Health Plans - General Information > Downloads.
- Local Coverage Determination (LCD). Centers for Medicare & Medicare Services. http://www.cms. search.aspx.
- 3. National Coverage Determination (NCD). Centers for Medicare & Medicare Services. http://www. cms.gov/medicare-coverage-database/search/advanced-search.aspx.
- 4. U.S. Food & Drug Administration. FDA Approved Drug Products. https://www.accessdata.fda.gov/ scripts/cder/daf/

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#### **REVISION LOG:**

REVISIONS	DATE
Creation date	12/1/2020
Minor edits and review	4/30/2021
Annual Review	12/17/2021
Annual Review	11/29/2022

Approved:	Date:	Approved:	Date:
Glendon Henry, MD Senior Medical Director		Sanjiv Shah, MD Chief Medical Officer	

# Medical Guideline Disclaimer:

Property of Metro Plus Health Plan. All rights reserved. The treating physician or primary care provider must submit MetroPlus Health Plan clinical evidence that the patient meets the criteria for the treatment or surgical procedure. Without this documentation and information, MetroPlus Health Plan will not be able to properly review the request for prior authorization. The clinical review criteria expressed in this policy reflects how MetroPlus Health Plan determines whether certain services or supplies are medically necessary. MetroPlus Health Plan established the clinical review criteria based upon a review of currently available clinical information(including clinical outcome studies in the peer-reviewed published medical literature, regulatory status of the technology, evidence-based guidelines of public health and health research agencies, evidence-based guidelines and positions of leading national health professional organizations, views of physicians practicing in relevant clinical areas, and other relevant factors). MetroPlus Health Plan expressly reserves the right to revise these conclusions as clinical information changes, and welcomes further relevant information. Each benefit program defines which services are covered. The conclusion that a particular service or supply is medically necessary does not constitute a representation or warranty that this service or supply is covered and or paid for by MetroPlus Health Plan, as some programs exclude coverage for services or supplies that MetroPlus Health Plan considers medically necessary. If there is a discrepancy between this guidelines and a member's benefits program, the benefits program will govern. In addition, coverage may be mandated by applicable legal requirements of a

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state, the Federal Government or the Centers for Medicare & Medicaid Services (CMS) for Medicare and Medicaid members.

All coding and website links are accurate at time of publication.

MetroPlus Health Plan has adopted the herein policy in providing management,

administrative and other services to our members, related to health benefit plans offered by our organization.