

# YOU'RE PART OF OUR COMMUNITY

MetroPlusHealth cares about the health, safety, and overall wellness of LGBTQI New Yorkers. This resource guide is designed to provide useful information including contacts and helpful tips about primary care services, health and legal support, as well as family planning, where to find substance use help, and more.



# YOUTH & ADULT RESOURCES

Our LGBTQI Community has access to support groups, health and wellness services, family support, updates for community events, and more:

### **BRONX**

## **Destination Tomorrow**

452 East 149<sup>th</sup> Street, 3<sup>rd</sup> Floor Bronx, NY 10455 646.723.3325

## **BROOKLYN**

# Audre Lorde Project: Brooklyn

85 South Oxford Street Brooklyn, NY 11217-1607 718.596.0342

# Brooklyn Community Pride Center

1360 Fulton Street Brooklyn, NY 11216 347.889.7719

## **Rainbow Heights Club**

25 Flatbush Avenue, 4<sup>th</sup> Floor Brooklyn, NY 11217 718.852.2584

## STATEN ISLAND

# Pride Center of Staten Island

25 Victory Boulevard, 3<sup>rd</sup> Floor Staten Island, NY 10301 718.808.1360

### **MANHATTAN**

# The Center (The Lesbian, Gay, Bisexual & Transgender Community Center)

208 West 13<sup>th</sup> Street New York, NY 10011 212.620.7310

## **Hetrick-Martin Institute**

2 Astor Place New York, NY 10003 212.674.2400

## **QUEENS**

## **Queens Pride House**

76-11 37<sup>th</sup> Avenue, Suite 206 Jackson Heights, NY 11372 718.429.5309

## Queens LGBT Community Center (The Q Center)

37-18 Northern Boulevard, Suite 107 Long Island City, NY 11101 718.514.2155

# SEXUAL HEALTH EDUCATION

Education resources to protect yourself against sexually transmitted diseases/HIV:

### **AVERT**

www.avert.org

Centers for Disease Control and Prevention <a href="https://www.cdc.gov/lgbthealth">www.cdc.gov/lgbthealth</a>

Department of Health and Mental Hygiene www1.nyc.gov/site/doh/health/health-topics/sexually-transmitted-diseases.page

### **Planned Parenthood**

www.plannedparenthood.org/learn/stds-hiv-safer-sex/safer-sex



# HEALTH SERVICES

Clinics that provide our LGBTQI community with health services with open doors and no discrimination:



## APICHA Community Health Center

400 Broadway New York, NY 10013 212.334.6029



# Callen-Lorde Community Health Centers

Manhattan 356 West 18<sup>th</sup> Street New York, NY 10011 212.271.7200

Bronx 3144 3<sup>rd</sup> Avenue Bronx, NY 10451 718.215.1800

Brooklyn 40 Flatbush Avenue Extension, 3<sup>rd</sup> floor, Brooklyn, NY 11201 718.215.1818



## **Community Healthcare Network**

(multiple locations across Bronx, Brooklyn, Manhattan and Queens including mobile locations)

www.chnnyc.org/locations/ 866,246,8259



#### **Family Health Center of Harlem**

1824 Madison Avenue New York, NY 10035 212.423.4500 844.434.2778 (for appointments only)



## Institute for Family Health: Sidney Hillman/Phillips Family Practice

230 West 17<sup>th</sup> Street New York, NY 10011 212.206.5200

## HARLEM UNITED

#### **Harlem United**

The Nest Community Health Center 169 West 133<sup>rd</sup> Street New York, NY 10030 212.849.2780

Willis Green, Jr. Community Health Center 123 West 124th Street New York, NY 10027 212.849.2780



#### **Housing Works**

(multiple locations across Manhattan and Brooklyn)

Downtown Brooklyn Health Center 57 Willoughby Street (Enter at 120 Lawrence Street) Brooklyn, NY 11201

East New York Community Health Center 2640 Pitkin Avenue Brooklyn, NY 11208

Keith D. Cylar Community Health Center 743-749 East 9<sup>th</sup> Street New York, NY 10009

37<sup>th</sup> Street Health Center 301 West 37<sup>th</sup> Street New York, NY 10018

718.277.0386 (access to all locations) healthcare.housingworks.org/services/ primary-care



## Ryan/Chelsea-Clinton Community Health Center

645 10<sup>th</sup> Avenue New York, NY 10036 212.265.4500



## William F. Ryan Community Health Center

110 West 97<sup>th</sup> Street New York, NY 10025 212.749.1820



Sinai

Institute for Advanced Medicine

#### Mount Sinai Institute for Advanced Medicine

Comprehensive Health Program 275 7<sup>th</sup> Avenue, 12<sup>th</sup> Floor New York, NY 10001 212.604.1701

Peter Krueger Clinic 275 8<sup>th</sup> Avenue, Ground Floor New York, NY 10011 212.420.2620

Samuels Clinic 1000 10<sup>th</sup> Avenue, Suite 2T New York, NY 10019 212.523.6500

Morningside Clinic 440 West 114<sup>th</sup> Street Clark Building, 6<sup>th</sup> Floor New York, NY 10025 212.523.6500

Jack Martin Fund Clinic 17 East 102<sup>nd</sup> Street, 3<sup>rd</sup> Floor New York, NY 10029 212-241-7968

## HOW WE CARE FOR YOU

## NYC HEALTH+ HOSPITALS

# The Pride Health Centers

NYC Health + Hospitals was the first U.S. public health care system to mandate LGBTQI training for all staff members in 2011. Twenty-three of our facilities have earned the Human Rights Campaign Foundation's designation, "Leader in LGBTQ Healthcare Equality" in 2019. To earn this, facilities must train staff in LGBTQI health care, have LGBTQI-responsive policies, and make those policies available to the public and staff.

To better serve the health care needs of the LGBTQI community, NYC Health + Hospitals has the following Pride Health Centers in Manhattan, Brooklyn and the Bronx.

The Pride Center at NYC Health + Hospitals / Bellevue

The Pride Center at NYC Health + Hospitals / Jacobi

The Pride Center at NYC Health + Hospitals / Gotham Health, Gouverneur

The Pride Center at NYC Health + Hospitals / Gotham Health, Judson

The Pride Center at NYC Health + Hospitals / Lincoln

The Pride Center at NYC Health + Hospitals / Metropolitan

The Pride Center at NYC Health + Hospitals / Woodhull

For more information about LGBTQI health services, visit <u>nychealthandhospitals.org/lgbtqhealth</u> or call **844.NYC.4NYC**.

## **GENDER-AFFIRMING CARE**

Gender-affirming care means offering caring, compassionate services for transgender and non-binary people.

Gender-affirming care may include medical care, and can also include gender-affirming surgeries, behavioral health services, and other support services.

Since each person's transition and health goals are different, gender-affirming care must be individualized. The transition supports might start with cosmetic changes and move toward more intensive interventions. including gender-affirming surgery, either trans-feminine or trans-masculine surgeries.



Clinics focused on gender-affirming care:



Center for Transgender Medicine and Surgery

Mount Sinai Center for Transgender Medicine and Surgery 275 Seventh Avenue, 12<sup>th</sup> Floor, New York, NY 10001 332.699.6385

**Services:** Medical care, behavioral health, a variety of gender-affirming surgeries, support services



## **Callen-Lorde Community Health Centers**

Manhattan 356 West 18<sup>th</sup> Street New York, NY 10011 212.271.7200

Bronx 3144 3<sup>rd</sup> Avenue Bronx, NY 10451 718.215.1800 Brooklyn
40 Flatbush Avenue Extension,
3<sup>rd</sup> floor,
Brooklyn, NY 11201
718.215.1818

Services: Medical care, behavioral health, support services



# Metropolitan

## NYC Health + Hospitals / Metropolitan

1901 1st Avenue, New York, NY 10029 212.423.6262

**Services:** Medical care, behavioral health, gender-affirming surgery on the chest, support services

## LEGAL SERVICES

These resources help LGBTQI community members who are seeking legal services:



# The LGBT Bar Association of Greater New York

601 West 26<sup>th</sup> Street, Suite 325-20 New York, NY 10001 Legal Referrals: 212.459.4873 General Info: 212.353.9118 www.lgbtbarny.org

Offers holistic legal consultations to members of the LGBTQI community related to housing, immigration, family law matters, criminal issues, employment, discrimination, and more.



## **HIV Law Project**

81 Willoughby Street, 5<sup>th</sup> Floor Brooklyn, NY 11201 212.577.3001

www.hivlawproject.org

Provides free civil legal services to HIV-positive residents of Manhattan and the Bronx, and to homeless New Yorkers.

## i≣ Immigration Equality

## **Immigration Equality**

40 Exchange Place, Suite 1300 New York, NY 10005 212.714.2904

www.immigrationequality.org

Works to end discrimination in U.S. immigration law against lesbian, gay, bisexual, transgender and HIV-positive people, and helps obtain asylum for those persecuted in their home country based on their sexual orientation, transgender identity or HIV status.



## Lambda Legal

120 Wall Street, 19<sup>th</sup> Floor New York, NY 10005 212.809.8585

## www.lambdalegal.org

Serves as a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work.



## Sylvia Rivera Law Project

147 West 24<sup>th</sup> Street, 5<sup>th</sup> Floor New York, NY 10011 212.337.8550

www.srlp.org

Provides free legal services to transgender, intersex and gender nonconforming low-income people and people of color.



# Transgender Legal Defense & Education Fund

520 8<sup>th</sup> Avenue, Suite 2204 New York, NY 10018 646.862.9396

tldef.org

Provides public education, test-case litigation, direct legal services, community organizing and public policy efforts aim to end discrimination based upon gender identity and expression and to achieve equality for transgender people.



# MARRIAGE/FAMILY OPTIONS

New York City has always prided itself on its openness and diversity, and we look forward to welcoming all couples who want to get married amid our bright lights and legendary sights, including many landmarks of gay history. Whether you are a native New Yorker or someone who has dreamed of having your wedding in New York City, that opportunity is yours.

It is important to keep in mind that getting married in New York City is a multi-step process. Couples must complete an application and receive a Marriage License at the City Clerk's office before they can legally wed. For general information about marrying in New York, visit <a href="https://www.cityclerk.nyc.gov/">www.cityclerk.nyc.gov/</a>



# SUBSTANCE USE TREATMENT

Overcoming alcohol and drug addiction begins with an environment that is both safe and supportive. LGBTQI-specific treatment programs provide a space where patients can receive treatment from addiction counselors to help get sober. The organizations below can help you overcome your addiction:

## THE CENTER

THE LESBIAN, GAY, BISEXUAL & TRANSGENDER COMMUNITY CENTER

## The Center (The Lesbian, Gay, Bisexual & Transgender Community Center)

208 West 13<sup>th</sup> Street New York, NY 10011 212.620.7310

www.gaycenter.org

LGBTQI communities face a number of health disparities, including a greater risk for alcohol and substance use, and The Center makes it a priority to offer assistance for people struggling with such issues. From individual and group counseling to support for significant others and a licensed outpatient treatment program, The Center has the tools to help you through the recovery process.

For more information about their recovery program and services, please call **646.556.9300** or email <u>recovery@gaycenter.org</u>.



Realization Center, Inc.

Manhattan Location 19 Union Square West New York, NY, 10003 212.627.9600

Brooklyn Location 175 Remsen Street, 2<sup>nd</sup> Floor Brooklyn, NY, 11201 718.342.6700

## **HOTLINES**

Below are just some hotline numbers to receive immediate emergency telephone counseling and help for emotional and physical crises:

Anti-Violence Project 212.714.1141

Urban Justice Center / Domestic Violence Project 718.875.5062

Gay and Lesbian National Hotline

National: 888.843.4564 New York: 212.989.0999 (Monday – Friday) | 4:00pm – 12:00am (Saturday) | 12:00pm – 5:00pm **NYC Well** (counseling): 888.NYC.WELL (888.692.9355)

RAINN (Rape, Abuse & Incest National Network) 800.656.4673

Samaritans Suicide Hotline 212.673.3000

**Trevor Project** (24 hours, youth-only) 866.488.7386



# **GENDER IDENTITY**

If you have questions about gender identity, are looking for a support group, are seeking healthcare or would just like to meet and interact with other people of transgender experience, contact:



## **The Audre Lorde Project**

85 South Oxford Street Brooklyn, NY 11217-1607 718.596.0342

www.alp.org



#### FIERCE NYC

(Ages 13-24)

2427 Morris Avenue Bronx, NY 10468 929.246.5273

147 W 24th St New York, NY 10011 646.336.6789

www.fiercenyc.org



## The LOFT -**LGBT Community Services** Center for the Lower **Hudson Valley**

252 Bryant Avenue White Plains, NY 10605 914.948.2932

www.loftgaycenter.org



## **Pride Center of Staten Island**

25 Victory Boulevard, 3rd Floor Staten Island, NY 10301 718.808.1360

www.pridecentersi.org

# GET AN IDNYC CARD



Apply for IDNYC, a free ID card available to all New York City residents age 14 and older. Your immigration status does not matter, and no one will ask you about it. All you have to do is provide proof of identity and residence in the five boroughs of New York City.

The IDNYC card is an accessible and secure document that enables residents to access City services and grant admission to City buildings, such as schools. In addition, the card can be presented as proof of identification for interacting with the police and is an accepted form of identification for opening a banking account at select financial institutions.

To apply for your IDNYC, visit **www.nyc.gov/idnyc** for more information.





#### **METROPLUS.ORG**

800.303.9626 (TTY: 711) 50 Water Street, 7th Floor New York, NY 10004



MetroPlusHealth is a HMO, HMO SNP plan with a Medicare and Medicaid contract. Enrollment in MetroPlusHealth depends on contract renewal. MetroPlusHealth does not discriminate on the basis of race, color, national origin, sex, age, or disability in its health programs and activities.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 866.986.0356 (TTY: 711). 注意: 如果您使用繁體中文,您可以免費獲得語言援助服務。請致電866.986.0356 (TTY: 711).