GO BACK TO THE DENTIST!



Welcome Back! Healthplex wants to remind you that it may be time for your regular dental checkup. Practicing good oral hygiene and visiting your dentist are important to your health even during the COVID-19 pandemic.

- 1. Dental offices have always followed "Standard Precautions" long before COVID-19, and will continue to do so after. Standard Precautions are a set of guidelines in place to minimize infection exposure for all patient care.
- 2. Dentists and their staff wear masks, gloves, gowns, protective eyewear, etc.
- **3.** Treatment rooms are disinfected with high level disinfectant before and after each patient. Surfaces sanitized include but are not limited to countertops, chairs, overhead lighting etc.
- **4.** Hand pieces and other instruments are sterilized between patients using the specific procedures as outlined by the Centers for Disease Control and Prevention (CDC) and the American Dental Association (ADA).
- **5.** Disposable supplies are used whenever possible. Some offices use plastic barrier wrap to cover areas such as the headrest, which is changed after each patient.

*Delaying necessary dental treatment can have negative effects on your overall health. If you had to cancel an appointment recently due to COVID-19, or are due for your routine cleaning; call your Dentist to schedule an appointment today. Don't wait until it hurts!





F-2672-MP

Print 07/20

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